

CENTER FOR INNER PEACE

What Clients Say About Center for Inner Peace



“Cynthia Luma is a down to earth person, whose gentle direction won my trust. That trust, led me on a journey, to find freedom, confidence, strength, and understanding within myself. I was able to journey through some challenging times. My personal experience with Cynthia has changed me and helped me discover my true powerful self.

– *Colleen, Human Services*

“I feel I have a coach partner who helps me put my arms around the container of life, and who brings in light, humor and reminders for self-compassion.”

– *Cynthia, Nutrition & Wellness Services*

“Cynthia is a great coach...non-judgmental, caring and accepting of you as a person. I love that she has knowledge of so many teachings and spiritual wisdom from so many different parts of the world. She feels like a citizen of the world and that really enriches our relationship.”

– *Renay, Social Worker and Coach*

“For me, being with Cynthia is like hanging out with Mother Earth. I feel grounded and nurtured. She provides an unconditional space for me to find my own balance and choice.”

– *Karyn, Company President*

“My partner and I were really hurting when we went to see Cynthia. With the new tools for communication that we have gained, we both feel more confident about being able to maintain a more healthy respect.”

– *Timothy, Carpenter*

“I found the experience very positive and uplifting, and I made enormous progress in a very short period. I would thoroughly recommend Cynthia Luma as a caring, intelligent, and effective Life Coach.”

– *Carolynn, Homemaker*